



Gifted & Distractable

NEWSLETTER FOR THE TWICE-EXCEPTIONAL COMMUNITY

with Julie Skolnick

This issue of "Gifted & Distractable" is sponsored by:



Combining high-tech, state-of-the-art equipment with innovative approaches to exercise, [Fitness for Health](#) helps people of all ages and abilities enjoy the benefits of physical activity while having fun at the same time through [therapeutic exercise](#), [occupational therapy](#), and [physical therapy](#). Our goals are that our clients are engaged, inspired, and having fun while working to improve their motor capabilities and, in turn, improving their self-confidence and self-esteem.

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Want to sponsor an issue of "Gifted & Distractable?" Fill out [this form](#).

[With Understanding Comes Calm](#) serves ALL parents and teachers seeking guidance and support for their gifted and twice exceptional children and students.



What you'll find in this issue of
Gifted & Distractable

[Julie's Blog: *How to Be Twice Exceptional During Covid*](#) addresses the challenges of parenting, educating and 'adulting' during the pandemic and gives strategies to make the most out of this time.

Let's Talk 2e Virtual Conference for Parents - NEVER EXPIRES
(Why would we offer something this AWESOME and then take it away?!)

[Purchase your ALL ACCESS CONFERENCE PACKAGE NOW](#) for just \$120 and gain **FOREVER** access to this incredible conference featuring 19 sessions, 35 gifts from our speakers, entrance to our FULL EXHIBITOR HALL, and LIVE Q/A Series (see below to join us starting on Oct. 5!).

SIGN UP TODAY TO PARTICIPATE IN OUR LIVE Q/A SERIES BEGINNING OCTOBER 5!

(Educators! Your conference launches January 25, 2021 - save the date!)

Articles

- [Five Rules for Incredibly Successful IEP Meetings During Covid-19 Pandemic](#)
- [Distance Learning Round 2: We're in This Together](#)
- [Book Lists for Gifted and Avid Readers](#)

EXCITING NEWS! 2eResources.com Launches! Check out this new one-stop-shop for parents, educators, clinicians, researchers and 2e adults featuring 2e resources organized by category: Education, Clinicians, Consultants, Enrichment and Associations.

FREE Membership - Let's Talk 2e Community!

[Join for FREE](#) and enjoy these benefits:

- Weekly email with detailed expert answers to member questions
- Weekly Parent Empowerment Group via zoom
- Access to Julie's webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional Children"

With Understanding Comes Calm Out and About - check out where Julie is speaking next...

- Colorado Association for Gifted and Talented Conference
- Parenting ADHD and Autism Summit
- Maryland Educators for Gifted Students
- Julie becomes an Advisor to the Bridges Graduate School in Cognitive Diversity
- Let's Talk 2e! Virtual Conference (Evergreen!)

Events

Scroll down to see our listing of events for the gifted and 2e community.

Julie's Blog



[How to Be Twice Exceptional During Covid](#)

In her blog this month, Julie provides 2e parents, educators and adults with direction to keep their stride during this pandemic marathon. She likens our current experience to that of a circus. "At times we find ourselves juggling, walking the tight rope, and maybe even sticking our head in a lion's mouth." Learn how to manage and identify your priorities in her blog, [How to Be Twice Exceptional During Covid](#).

Let's Talk 2e Virtual Conference:
Get Your [All Access Pass TODAY](#) and Join us for
our LIVE Q/A Series starting October 5!

Got questions? We've got answers!

Let's Talk 2e Speakers answer your questions LIVE:



Oct. 5 @ 2-2:30 pm
Alternative School Options
Heidi Molbak & Kasi Peters



Oct. 5 @ 7-7:30 pm
Neurodiversity
Julie Skolnick & Nicole Tetreault



Oct. 6 @ 2-2:30 pm
Spirituality & Polyvagal Theory
Dianne Allen & Autum Romano



Oct. 6 @ 7-7:30pm
Personality & Communication
Susan Baum & Robin Schader



Oct. 7 @ 2-2:30 pm
Technology & Math
Joan Green & Rachel McAnallen



Oct. 7 @ 7-7:30 pm
Success
Colin Seale



Oct. 8 @ 2-2:30 pm
EFT Tapping Circle
Bev Nerenberg



Oct. 8 @ 7-7:30 pm
Engagement & Success
Dan Peters & Joseph Olan

This event is for All Access Pass Holders. Get yours today at LetsTalk2e.com!

Brought to you by WithUnderstandingComesCalm.com

Articles

[Five Rules for Incredibly Successful IEP Meetings During Covid-19 Pandemic](#)

Pamela Wright from Wrightslaw.com shares strategies for getting to the point and getting the IEP work done.

[Read More.](#)

[Distance Learning Round 2 We're in This Together](#)

Benefit from behind the scenes meetings between educators and staff from the Gifted Development Center.

[Read More.](#)

[Book Lists for Gifted and Avid Readers](#) My father always said, "Books can be your best friends." While we are stuck at home, the fastest (safest) way to travel, is to jump into a book. If your child has a reading disability, there are many apps for him to use to listen to books. This article from Davidson Gifted gives us plenty of places to find the just right book for a gifted or 2e child.

EXCITING NEWS - 2eResources.com Launch

PARENTS! EDUCATORS! CLINICIANS! RESEARCHERS!

- Wouldn't it be great if there was a 2e resources listing in one place?
- Can you imagine searching a directory for just the gifted or 2e resource you need?
- What if the directory was organized into categories?

2eResources.com is all of these things!

Check out [2eResources.com](https://www.2eresources.com) - now a part of the With Understanding Comes Calm website.

Search by category: Education, Clinicians, Consultants, Enrichment and Associations

It's easily searchable and it's **ALWAYS AVAILABLE FOR FREE!**

Have a gifted or 2e service, school or product you want highlighted in this ALWAYS-AVAILABLE global listing?

Create Your Listing [here](#) or if you have questions, email our 2e Resource Partner Manager, Victoria-Rose Supper at: victoriarose@withunderstandingcomescalm.com to set up a virtual tour!

Looking for your tribe? Join Our Free Let's Talk 2e Community!



Join Today!

What is this FREE Membership Opportunity?

- Meet similarly situated parents of twice exceptional kids
- Get answers to your education and parenting questions in our weekly Q/A email
- Own Julie's keynote webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional"

With Understanding Comes Calm - Out & About
Here's where you can find Julie Speaking...



Julie is thrilled to **KEYNOTE** at the [Colorado Association for Gifted and Talented](#) conference October 19-20, 2020. There are many opportunities to hear Julie speak as she addresses the conference, leads a breakout session, and presents at family day.

- **Keynote Presentation: Cycle for Success: Strategies to Bring Out the Best and Raise Self Confidence in 2e Children** Monday, Oct. 19, 12:30-1:30 PM
- Family Institute Presentation: **Bumps in the Parenting Road – Even a 2e Expert Needs a License to Drive**, Monday, Oct. 19, 6:15-7:05 PM **Live Zoom presentation
- Monday Signature Series Presentation: **Top 10 Strategies for Successful and Collaborative Communication Between Parents and Educators of 2e Students** **Live Zoom presentation, Monday, Oct. 19, 1:35-2:20 PM
- Tuesday Signature Series Presentation: **Understanding and Addressing Emotion Regulation in 2e Children** **Live Zoom presentation, Tuesday, Oct. 20, 1:35-2:20 PM



**MARYLAND EDUCATORS
OF GIFTED STUDENTS**

Julie looks forward to presenting at the MEGS conference (Maryland Educators for Gifted Students) on October 16, **Top 10 Strategies for Successful Communication Between Parents and Educators of 2e Students.**
[Learn more and Register here.](#)

PARENTING ADHD SUMMIT

THURSDAY, OCTOBER 22, 2020



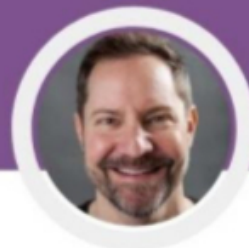
Rachelle Sheely, Ph.D.
You Have Time! Homeschooling During a Pandemic



Julie F. Skolnick, M.A., J.D.
Recognizing Perfectionism & the Power of "Good Enough"



Adam Pletter, Psy.D.
Parenting Challenges in a World of Digital Dysregulation



Seth Perler, M.Ed.
Addressing Day-to-Day Executive Functioning Challenges



Brendan Mahan, M.Ed., M.S.
Navigating Virtual School
with Learning Challenges

*Stephanie Pitts, M.Ed., ET/P &
Rachel Kapp, M.A., ET/P*
Ending Homework Battles

Debbie Steinburg-Kantz, LMFT
Smart but Struggling:
Supporting 2e Students

*William Stierud, Ph.D. &
Ned Johnson*
Giving Kids with ADHD &
Autism a Sense of Control

GO TO: [BIT.LY/20ADHD](https://bit.ly/20ADHD)

Julie looks forward to presenting at the virtual Parenting ADHD and Autism Summit Oct 19-22 speaking about "**Recognizing Perfectionism & the Power of "Good Enough"**"

[Learn more and Register here](#)



Bridges
Graduate School
Of
Cognitive Diversity
In Education

Julie is delighted to join the Advisory Committee to the Bridges Graduate School of Cognitive Diversity in Education. A stellar group of educators and motivated students to make a difference for 2e learners around the globe! [Learn more.](#)

Events

We will update dates and locations as we hear

Oct. 1-31: ADHD Awareness Expo

Oct. 3: Int'l Dyslexia Association, Penn. Branch Conference [Learn more and register](#)

Oct. 5-8: Q&As with the Let's Talk 2e Virtual Conference Speakers - You must be registered for a Conference All Access Pass to attend. [Learn more and get yours here](#)

Oct. 5-Dec. 7: Parent Child Journey Zoom Discussion Groups with Dan Shapiro, M.D. [Learn more and Register](#)

Oct. 8: Gifted and Thriving Webinar with Dr. Mike Postma and Dr. Dan

Peters of Summit Center on "Finding the Appropriate Psychologist for Your Twice-Exceptional (2e) Child." [Register](#).

Oct. 8: Gifted & Thriving: Finding Appropriate Psychologist for 2e Child, [Learn more and register](#)

Oct. 10: CAG Access Fall Institute, [Learn more and Register](#)

Oct. 16: Maryland Educators of Gifted Students (MEGS) annual conference, [Register and Learn more](#).

Oct. 16: Berta Seminar on Social-Emotional Needs of Gifted Students, [Learn more and Register](#).

Oct. 17: Arizona Assn. for Gifted & Talented Parent Institute, [Learn more and Register](#).

Oct. 19: Discussion Group for Parents of Gifted & 2e Children begins. Weekly sessions led by licensed psychologists through Google Meet. [Register](#).

Oct. 19-20: Colorado Assn. for Gifted & Talented Conference, [Learn more and Register](#).

Oct. 24-26: International Congress on Gifted Young Scientists Education, Istanbul, Turkey

Nov. 2-5: 2020 World Giftedness Center conference, Dubai EXPO Convention Center, UAE

Nov. 7-8: Learning and the Brain: Social-Emotional Brains in Schools, [More Info](#).

Nov. 12-17: NAGC Annual Conference, Disney Coronado Springs Resort, Florida. [More information](#)

Ongoing Events

Parent Empowerment Group for parents of Twice Exceptional Children, Thursdays 2:00-2:45 EST, part of the FREE #LetsTalk2e Community. [Learn more and Register](#).

***POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!"
EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR
EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.***

Find us on your favorite social platforms!



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