



Gifted & Distractable

NEWSLETTER FOR THE TWICE-EXCEPTIONAL COMMUNITY

with Julie Sidnick

This issue of "Gifted & Distractable" is sponsored by:



Dianne A. Allen is a caring, compassionate communicator who uses her intuition and insights to skillfully guide you toward living your authentic life vision. Dianne presents in many venues both in-person and virtually. Visit www.msdiannallen.com to receive an excerpt from one of her books and to receive her most recent email releases.

Want to sponsor an issue of "Gifted & Distractable?" Fill out [this form](#).

[With Understanding Comes Calm](#) serves ALL parents and teachers seeking guidance and support for their gifted and twice exceptional children and students.



What you'll find in this issue of Gifted & Distractable

[Julie's Blog](#): ***How to Engage Your 2e Student in Online Learning*** addresses what so many parents and educators are wondering - how to connect with 2e kids while distance learning.

[Let's Talk 2e Virtual Conference for Parents - NEVER EXPIRES](#)

*(Why would we offer something this **AWESOME** and then take it away?!)*

[Purchase your ALL ACCESS CONFERENCE PACKAGE NOW](#) for just \$120 and gain **FOREVER** access to this incredible conference featuring 19 sessions, 35 gifts from our speakers, entrance to our FULL EXHIBITOR HALL, and our Q/A Series replays!

(Educators! Your conference launches January 25, 2021 - save the date!)

Articles

- [Trauma is 'Written into Our Bodies' but Educators Can Help](#)
- [Three Habits that Reduce Conversational Stress](#)

EXCITING NEWS! 2eResources.com Launches! Check out this new one-stop-shop for parents, educators, clinicians, researchers and 2e adults featuring 2e resources organized by category: Education, Clinicians, Consultants, Enrichment and Associations.

FREE Membership - Let's Talk 2e Community!

[Join for FREE](#) and enjoy these benefits:

- Weekly email with detailed expert answers to member questions
- Weekly Parent Empowerment Group via Zoom
- Access to Julie's webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional Children"

With Understanding Comes Calm Out and About - check out where Julie is speaking next...

- SENGINar; "Managing Social Emotional Engagement, Effective Communication and Emotion Regulation During the Pandemic."
- Parent/Teacher Presentation, December 2, 4:30-6:00 pm EST for Calvert County parents and teachers, "Understanding and Addressing Emotion Regulation in 2e Learners."

Events

Scroll down to see our listing of events for the gifted and 2e community.

Julie's Blog

2e Kids,

[2e Kids, Emotional Overexcitability and the Election](#)

Emotional Overexcitability & the Election



WITHUNDERSTANDINGCOMESCALM.COM

How parents and teachers can regulate their own emotions to help yourself and your child process this turbulent time.



[How to Engage your 2e Student in Online Learning](#) addresses what so many parents and educators are wondering - how to connect with 2e kids while distance learning.

Let's Talk 2e Virtual Conference:
Get Your [All Access Pass TODAY](#) and gain
FOREVER access to this incredible conference and
all it's perks!

Articles

[Trauma is 'Written into Our Bodies' but Educators Can Help](#)

During this incredibly difficult time, it's as important as ever to pay attention to trauma induced stress and anxiety. Dr. Nadine Burke Harris, California's first surgeon general, talks about the connection between ACEs (Adverse Childhood Experiences) and learning/behavioral issues.

[Read More.](#)

[Three Habits that Reduce Conversational Stress](#)

Gifted and 2e people thrive on connection. So often, however, they are misunderstood. The lifeblood of connection is conversation. Check out this article to learn how to converse successfully.

[Read More.](#)

PARENTS! EDUCATORS! CLINICIANS! RESEARCHERS!

- Wouldn't it be great if there was a 2e resources listing in one place?
- Can you imagine searching a directory for just the gifted or 2e resource you need?
- What if the directory was organized into categories?

2eResources.com is all of these things!

Check out 2eResources.com - now a part of the With Understanding Comes Calm website.

Search by category: Education, Clinicians, Consultants, Enrichment and Associations

It's easily searchable and it's **ALWAYS AVAILABLE FOR FREE!**

WELCOME TO OUR NEW 2E RESOURCE PARTNERS!



Combining high-tech, state-of-the-art equipment with innovative approaches to exercise, [Fitness for Health](#) helps 2e individuals enjoy the benefits of physical activity while having fun at the same time through therapeutic exercise, occupational therapy, and physical therapy.



[The Davidson Institute](#) is a national nonprofit dedicated to supporting profoundly gifted young people, their families and educators. They recognize, nurture and support profoundly intelligent youth and provide opportunities for them to develop their talents to make a positive difference.

Have a gifted or 2e service, school or product you want highlighted in this ALWAYS-AVAILABLE global listing?

Create Your Listing [here](#) or if you have questions, email our 2e Resource Partner Manager, Victoria-Rose Supper at: victoriarose@withunderstandingcomescalm.com to set up a virtual tour!

Looking for your tribe?
Join Our **Free** Let's Talk 2e Community!



Join Today!

What is this FREE Membership Opportunity?

- Meet similarly situated parents of twice exceptional kids
- Join together at our weekly Parent Empowerment Groups
- Get answers to your education and parenting questions in our weekly Q/A email
- Own Julie's keynote webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional"

With Understanding Comes Calm - Out & About
Here's where you can find Julie Speaking...





[SENGinar](#), November 17, 7:30 pm - 9:00 pm EST, Julie speaks about "Managing Social Emotional Engagement, Effective Communication and Emotion Regulation During the Pandemic."



Parent/Teacher Presentation, December 2, 4:30 - 6:00 pm EST for Calvert County parents and teachers, "Understanding and Addressing Emotion Regulation in 2e Learners."

Events

We will update dates and locations as we hear

Nov. 2-5: [2020 World Giftedness Center conference, Dubai EXPO Convention Center, UAE](#)

Nov. 7-8: [Learning and the Brain: Social-Emotional Brains in Schools](#)

Nov. 12-17: [NAGC Annual Conference, Disney Coronado Springs Resort, Florida](#)

Nov. 13-14: [International Dyslexia Assoc. Annual Conference](#)

Nov. 14-15: [Pennsylvania Assoc. for Gifted Education 2020 Annual Conference](#)

Nov. 17: [SENGinar, Julie Skolnick, M.A., J.D. "Managing Social Emotional Engagement, Effective Communication and Emotion Regulation During the Pandemic."](#)

Nov. 27-29: [Asia-Pacific Conference on Giftedness](#)

Dec. 3-5: [TAGT giftED 2020](#)

Jan. 25, 2021: [Let's Talk 2e Educator Conference](#)

Jan. 27-29, 2021: [ACSD Conference on Educational Leadership](#)

Feb. 1-5, 2021: [TCEA Convention & Exposition](#)

Feb. 4-5, 2021: [Arizona Association for Gifted & Talented Annual Conference](#)

Feb. 5-6, 2021: [Illinois Association for Gifted Children Virtual Summit](#)

Feb. 6-13, 2021: [CW Austin Learning Disability Conference](#)

Feb. 23-24, 2021: [Kentucky Association for Gifted Education Annual Conference](#)

Feb. 24-26, 2021: [National Association of Independent Schools Conference](#)

Feb. 26-28, 2021: [California Association for the Gifted Annual Conference](#)

Ongoing Events

Parent Empowerment Group for parents of Twice Exceptional Children, Thursdays 2:00-2:45 EST, part of the FREE #LetsTalk2e Community. [Learn more and Register.](#)

***POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!"
EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR
EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.***

Find us on your favorite social platforms!



With Understanding Comes Calm, LLC, 11913 Whistler Court, Potomac, MD 20854, United States
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