



Gifted & Distractible

NEWSLETTER FOR THE TWICE-EXCEPTIONAL COMMUNITY

with Julie Skolnick

This issue of "Gifted & Distractible" is sponsored by:



FLEXSCHOOL

We see your inner AWESOME
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[FlexSchool](#) is a private school for [gifted and twice-exceptional \(2e\)](#) learners in grades 1-12, as well as PG — post-graduate programming for high school graduates seeking additional preparation for college or career. Our small, [discussion-based classes](#) are custom-designed for insatiable minds and infused with the executive functioning and [social-emotional support](#) that 2e learners thrive on. [Rolling admissions](#) and financial aid are available!

Attend a [virtual open house](#) or [contact us](#) to learn more!

To sponsor an issue of *Gifted & Distractible*, Fill out [this form](#).

[With Understanding Comes Calm](#) serves ALL parents and teachers seeking guidance and support for their gifted and twice exceptional children and students.



What you'll find in this issue of
Gifted & Distractible

(Scroll down for detailed descriptions and links!)

Julie's Blog - [Finding Fulfillment as a 2e Adult](#)

Articles - "Do I Have ADHD?" Your Free Guide
The Twice Exceptional Adult

[2eResources.com](#) - THE listing directory of educational and professional resources for 2e families!

With Understanding Comes Calm Out and About - So many incredible events you DON'T WANT TO MISS!

Events - Scroll down to see our listing of events for the gifted and 2e community.

The [Let's Talk 2e Educator Conference](#) now on-demand!

Julie's Blog





[Finding Fulfillment as a 2e Adult](#): 2e adulting is complicated. You feel different so you're constantly having to 'read the room' to decide which parts of yourself to show. This can negatively affect your personal relationships, professional fulfillment and challenges your ability for authentic self awareness. In this blog, Julie talks about holding true to what's important in your 2e adult life.

Articles

["Do I Have ADHD?" Your Free Guide](#)

Feeling disorganized? Have a funky relationship with time? Struggling to manage money and relationships? Use this free self-test by ADDitude.com to help you recognize the symptoms of adult ADHD.

[Read More.](#)

[The Twice Exceptional Adult](#)

Learn the steps you should take if you feel like you may be on the spectrum or have another learning disability - and how a 2e diagnosis can affect your life - with Let's Talk 2e Expert Dr. Dan Peters.

[Read More.](#)

2e Adults: Take Note...

**Something BIG
is coming!**

Join us on Facebook on
September 20th at 3 pm ET
to learn more...



Hint: 2e Adults - you won't want to miss this!

[Add this event to your Google Calendar](#)

[Click here to join us on Sept. 20th,
at 3 pm ET](#)

2eResources.com



Looking for a school, service, or enrichment resource for your 2e

child or student? Visit [2eResources.com](https://www.2eResources.com) to learn about and connect with **essential resources for the 2e Community.**

2eResources.com is open 24/7 and is free to use! With over 50+ resources (and growing every week) we know you'll find what you're looking for.

List YOUR service or school at [2eResource.com](https://www.2eResource.com)

[Contact Us!](#)

2eResources.com would like to welcome:



[Renzulli Learning](#) is an interactive online system that provides a personalized learning environment, allowing teachers to easily differentiate instruction to increase student engagement and performance. Their resources personalize learning and provide equity, innovation, and creativity for grades Pre-K through 12!



[Bridges Academy](#) serves bright, out-of-the-box students (grades 4-12). Through small classes, differentiated instruction, and an environment where gifts are recognized and developed, Bridges empowers their students to thrive socially and academically.

2e News

[2e News](#) is the multimedia arm of the Bridges Education Group, providing high-level information and perspectives about 2e education and cognitive diversity. This branch covers a broad range of topics that are essential for all educators, parents, and professionals.



[Bridges Education Group](#) advocates for the research and development of strength-based and talent-focused educational programs, techniques, and practices. They also support the development of high quality, affordable 2e education through the work of their entities.



[Bridges Grad School](#) offers Ed.D and M.Ed programs in cognitive diversity, and also offers a Certificate program in twice-exceptional education. Their programs have a strong focus on cognitive diversity, talent, interest, and motivation as they relate to gifted, regular, and special education.



The [Bridges 2e Center for Research and Professional Development](#) is a multi-disciplinary hub where professionals, scholars, and practitioners combine expertise to enhance understanding of a growing awareness of 2e students.

**As always, a big "Thank You!" to our
Gold Level 2e Resources Partners!**

[2eNews](#) - [ADDiva](#) - [Athena Academy](#) - [Bridges Academy](#) - [Bridges Education Group](#) - [Bridges 2e Center](#) - [Bridges Grad School](#) - [Davidson Institute](#) - [Fitness for Health](#) - [Genius Coaching](#) - [GHF Learners](#) - [Gifted Unlimited](#) - [Nature Matters Academy](#) - [Renzulli Learning](#)

With Understanding Comes Calm - Out & About
Here's where you can find Julie Speaking...



**October 5th: Executive Function
and the 2e Brain**

In this presentation, Julie addresses the what, why and how of Executive Functioning utilizing strength-based strategies for the classroom and home.

This event is only open to parents and faculty in Anne Arundel County.

October 15th: MEGS Conference

Join Julie, Dr. Lori Glaze, Jonathan Mooney, Colin Seale, and a host of other 2e experts at the 2021 MEGS Conference!

[Learn more and register here.](#)

Maryland Gifted & Talented Education



October 27th: The G Word's Gifted, Talented & Neurodiverse Awareness Week

Join the G Word Team for their inaugural Gifted, Talented & Neurodiverse Awareness Week! Julie's conversation on Wednesday, Oct. 27th is about Gifted Adults.

[Follow the G Word here.](#)

November 4th: 2021 Virtual International Conference on ADHD

Join Julie at 3:45 ET for my presentation "**Gifted & ADHD - What it means and what to do for 2e children & students!**"



[Learn more and register for the conference here.](#)



November 17th: Crucial Conversations Webcast

More information coming soon!

[Check out the Crucial Conversations Webcast here.](#)

November 18th: Common Ground Maryland:

Julie is presenting two talks at this conference - "**Understanding and Addressing Emotional Regulation in Gifted & 2e Learners**" and "**Top 10 Strategies for Successful and Collaborative Parent-Teacher Communication.**"



Common Ground
LEADING AND LEARNING AT ALL LEVELS

[Learn more and register here](#)

Events

ON-DEMAND EVENTS

Let's Talk 2e Conferences:

For Educators: [Register Now](#) for tools to understand and effectively address your 2e students' strengths and struggles.

For Parents: [Register Now](#) and gain strategies for parenting your 2e child.

UPCOMING EVENTS

September 20: [Registration Opens for the Let's Talk 2e Adult Conference](#)
(This link will go live on September 20th)

October 2: [CAG Access Fall Institute Webinar](#)

October 3-5: [Wisconsin Association for the Talented and Gifted](#)

October 6-8: [Mississippi Association for Gifted Children Conference](#)

October 7-9: [Washington Association of Educators of the Talented & Gifted Conference](#)

October 10-11: [Kansas Association for Gifted, Talented, Creative, and More!](#)

October 13-15: [Alabama Association for Gifted Children "Gifted by Design"](#)

October 15-16: [Michigan Association for Gifted Children Conference](#)

October 15: [2021 MEGS Conference](#)

October 17-19: [Ohio Association for Gifted Children Conference](#)

October 17-19: [Iowa Talented and Gifted Association Conference](#)

October 22-23: [New Mexico Association for the Gifted Fall Institute](#)

October 25-29: [The G Word's Gifted, Talented & Neurodiverse Awareness Week](#)

November 1: [Let's Talk 2e Adult Conference Launches: Free Day](#)
(This link will go live September 20th.)

November 4-5: [Pennsylvania Association for Gifted Education Conference](#)

November 4-6: [2021 Virtual International Conference on ADHD](#)

November 4-6: [AET Advocacy in Education Conference](#)

November 11-14: [NAGC Annual Convention](#)

November 17-19: [Common Ground Maryland](#)

**POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!"
EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR
EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.**

Looking for one-on-one guidance and support?

Schedule your **FREE** 20-minute consultation with Julie at
JulieSkolnick.YouCanBook.Me

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