



This issue of "Gifted & Distractible" is sponsored by:



Interested in boosting EXECUTIVE FUNCTION, STUDY SKILLS, and/or WRITING competency this summer?

<u>The StudyPro</u> is an Executive Function and Study Skills Center that helps students build the skills they need to better manage the demands of their academic school work.

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For more information or questions: <u>info@thestudypro.com</u> or 571-321-5800

Want to learn more about Executive Function? <u>Download our Quick Guide to Executive Function and Study Skills</u>.

To sponsor an issue of Gifted & Distractible, Fill out this form.

<u>With Understanding Comes Calm</u> serves ALL parents and teachers seeking guidance and support for their gifted and twice exceptional children and students.



# What you'll find in this issue of Gifted & Distractible

(Scroll down for detailed descriptions and links!)

<u>Julie's Blog</u> - <u>Perfectionism</u>, <u>Grass is Always Greener Syndrome and</u> <u>Being Neurodiverse</u>

<u>Articles</u> - <u>12 Ways to Make Your Classroom Safe for LGBTQ Students</u>

Book Lists for Gifted and Avid Readers

<u>Video</u> - <u>Let's Talk 2e Tuesdays - Clinical Considerations</u>

<u>2eResources.com</u> - THE listing directory of educational and professional resources for 2e families!

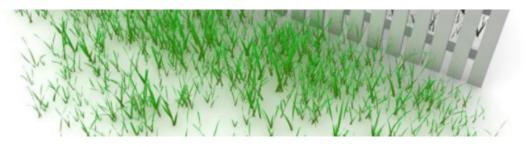
<u>With Understanding Comes Calm Out and About</u> - So many incredible events you DON'T WANT TO MISS!

**Events** - Scroll down to see our listing of events for the gifted and 2e community.

The Let's Talk 2e Educator Conference now on-demand!

## Julie's Blog





Perfectionism, Grass is Always Greener Syndrome, and Being Neurodiverse; Perfectionism is often seen in the gifted and 2e profile. Grass is Always Greener Syndrome takes perfectionism and applies it to all parts of one's life; robbing the person of feeling satisfied, calm and happy. In the case of GIGS and parenting - the results can be detrimental to the child. Learn more about GIGS and how to tame it in Julie's blog this month.

## **Articles**

### 12 Ways to Make Your Classroom Safe for LGBTQ Students

In honor of PRIDE month, we want to share some awesome strategies for making your classroom more LGBTQIA+ friendly. This article from our friends at Free Spirit publishing helps educators to understand the LGBTQIA+ perspective. If you want to learn more about Free Spirit Publishing, you can find them at <a href="mailto:2eResources.com">2eResources.com</a>

Read More.

## Book Lists for Gifted and Avid Readers

Looking for great summer reads?
Check out this article from our friends at Davidson Academy to learn about books that are specifically fabulous for gifted readers.

Read More.

## VIDEO - Let's Talk 2e Tuesdays: Clinical Considerations

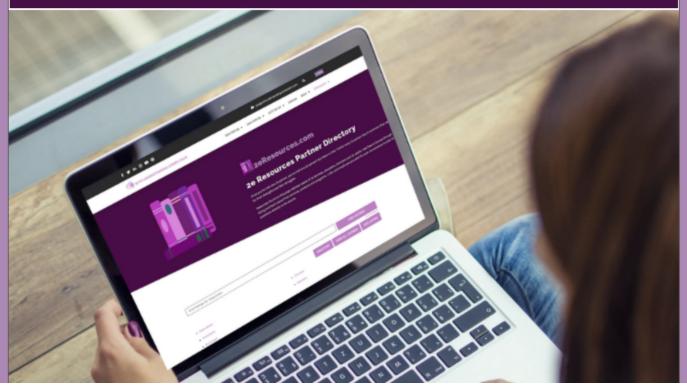
Last week's Let's Talk 2e Tuesday panel was filled to the brim with incredible insight, wisdom, and strategies regarding how neurodiversity manifests in the classroom. Dr. Jerome Schultz, Dr. Nicole Tetreault, and I had a fascinating and fun discussion

## answering teacher questions!

We know you're incredibly busy and may not have had a chance to attend, so we are <a href="mailto:sharing a recording of the discussion with you here!">sharing a recording of the discussion with you here!</a> This recording will be online, on-demand indefinitely, so you can watch it at your leisure.



## 2eResources.com





Looking for a school, service, or enrichment resource for your 2e child or student? Visit <u>2eResources.com</u> to learn about and connect with essential resources for the 2e Community.

2eResources.com is open 24/7 and is free to use! With over 50+ resources (and growing every week) we know you'll find what you're looking for.

List YOUR service or school at 2eResource.com

**Contact Us!** 

## 2eResources.com would like to welcome:



Nature Matters Academy provides advanced STEM courses for 2e kids and programs for their families. Their dynamic, small-group summer camps are tailored to help your learner think critically through STEM topics that are interesting to them - engaging and motivating your child to take their learning to a deeper level!



Amy Estersohn supports creative, intense, and stubborn teens with college and career guidance. Through an emphasis on college selection and college essay development, she helps teens see themselves and their talents meaningfully and authentically.

## As always, a big "Thank You!" to our Gold Level 2e Resources Partners!

<u>ADDiva</u> - <u>Athena Academy</u> - <u>Davidson Institute</u> - <u>Fitness for Health</u> - GHF Learners - Gifted Unlimited - Nature Matters Academy

# With Understanding Comes Calm - Out & About Here's where you can find Julie Speaking...



Find Julie speaking at this popular, free online executive functioning summit for parents with Seth Perler. Aug. 20-22

## **Events**

#### ON-DEMAND EVENTS

### Let's Talk 2e Conferences:

**For Educators:** Register Now for tools to understand and effectively address your 2e students' strengths and struggles.

For Parents: Register Now and gain strategies for parenting your 2e child.

#### UPCOMING EVENTS

June 10-26 & July 1-17, 2021: SOAR 2e Camp: East

June 10-26 & July 22-August 7, 2021: SOAR 2e Camp: West

June 15-17, 2021: Hormel Foundation G&T Symposium

June 23-25, 2021: Whitworth Univ: Mind the Gap Institute

July 12-14, 2021: Confratute

July 23-25, 2021: SENG Annual Conference

July 26-30, 2021: Edufest

July 28-30, 2021: CAG Access Summer Institute Webinar

July 31-August 1 & August 7-8, 2021: World Council for Gifted and

Talented Children

POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!" EMAIL JULIE BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.

### Looking for one-on-one guidance and support?

Schedule your **FREE** 20-minute consultation with Julie at <u>JulieSkolnick.YouCanBook.Me</u>

Gifted & Distractible will be on hiatus in July.
See you all again in August!

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