



Gifted & Distractible

NEWSLETTER FOR THE TWICE-EXCEPTIONAL COMMUNITY

with Julie Stolnick

This issue of "Gifted & Distractible" is sponsored by:



The mission of [The Woodhall School](#) is to provide an opportunity for success to young men of above-average intellectual ability in grades 9-12, who have had difficulties in traditional school environments. The school embraces an individualized approach that allows each student to realize his potential and to take accountability in all areas of his life.

The school's individualized approach includes an interpersonal and intrapersonal component that permeates the four pillars of The Woodhall School: **Academics, Arts and Athletics, Residential Life, and Communications.**

Find them on Facebook and Instagram at [@thewoodhallschool](#)

To sponsor an issue of "Gifted & Distractible" Fill out [this form](#).

[With Understanding Comes Calm](#) serves ALL parents and teachers seeking guidance and support for their gifted and twice exceptional children and students.



What you'll find in this issue of Gifted & Distractible

[Julie's Blog](#): On Being Twice Exceptional During the Holidays talks about managing your own and your child's expectations and four strategies to do just that.

[Julie's Blog](#): Motivating and Engaging 2e Learners; So many educators (and parents) are talking to me about the challenges of engaging their 2e learners. This blog gives you perspective as well as 10 (plus one more) tips on what to do to engender enthusiasm and motivation.

[Let's Talk 2e Educator Conference](#) - **EARLY BIRD REGISTRATION IS OPEN!** Launches January 25 and remains EVERGREEN - watch when you can - you'll own the conference!

Articles - This month enjoy holiday-related articles:

- [50 Staycation Ideas for Families Stuck at Home](#)
- [The 2020 Holiday Gift Guide for Kids with ADHD](#)

[2eResources.com](#) Check out the new resources add to this amazing cite listing important contacts for the twice exceptional community organized in five categories: Education, Clinicians, Consultants, Enrichment and Associations.

FREE Membership - Let's Talk 2e Community!

[Join for FREE](#) and enjoy these benefits:

- Weekly email with detailed expert answers to member questions
- Weekly Parent Empowerment Group via Zoom
- Access to Julie's webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional Children"

With Understanding Comes Calm Out and About - check out where Julie is speaking next...

- Parent/Teacher Presentation, December 16, 4:30-6:00 pm EST for Calvert County parents and teachers, "[Understanding and Addressing Emotion Regulation in 2e Learners.](#)"

Events

Scroll down to see our listing of events for the gifted and 2e community.

Julie's Blogs



[On Being Twice Exceptional During the Holidays](#)

We tend to idealize holidays and all too often for 2e families, these dreams don't come true. Here are some tips to adjust expectations and ways to still enjoy the holiday based on YOUR wants and needs.



[Motivating and Engaging 2e Learners](#)

Engendering motivation and engagement within 2e learners is extraordinarily difficult right now - even more so than usual. Here are 11 tips you can try in your classroom today.

Let's Talk 2e Virtual Conference for
EDUCATORS:
EARLY BIRD REGISTRATION IS NOW OPEN!



Let's Talk 2e!

CONFERENCE FOR EDUCATORS

WHAT YOU GET:

- 25 Sessions
- Four Strands:
 - *Understanding 2e*
 - *Classroom Strategies*
 - *Cultural Diversity*
 - *Clinical Considerations*
- Credit Hour Options
- Exhibitor Hall
- Free Gifts
- Opportunity to Win Prizes
- Conference Companion
- FOREVER ACCESS - WE ARE EVERGREEN!

All Sessions Launch January 25

(You choose when to watch - you OWN the sessions!)

Watch this short video to learn more!



The Let's Talk 2e Educator Conference makes a great teacher's gift!

Gift yours at LetsTalk2e.com



Articles

[50 Staycation Ideas for Families Stuck at Home](#)

Looks like the safe thing to do this holiday season is to stay home. Here are some ideas for a Staycation with the kids.

[Read More.](#)

[The 2020 Holiday Gift Guide for Kids with ADHD](#)

If you are into giving gifts around the holidays, here is a list of fun options from our friends at ADDitude Magazine.

[Read More.](#)

2eResources.com

PARENTS! EDUCATORS! CLINICIANS! RESEARCHERS!

*Are you Looking for **Resources** for the gifted and 2e profile?*

2eResources.com is for you!

Check out 2eResources.com - now a part of the With Understanding Comes Calm website.

Search by category: **Education, Clinicians, Consultants, Enrichment and Associations**

FREE and ALWAYS AVAILABLE!

*Want to list **YOUR** service or school? [Contact Us!](#)*

WELCOME TO OUR NEW 2E RESOURCE PARTNERS:



[rethinkreframe](#) offers transformative content, products, and collaboration for those eager to think & do differently. Their growing body of exploration & experimentation tools - including their new "let's think & do differently idea to action cards" - help those who support 2e learners to develop and nurture unique thinkers & doers..



[Matthew Zakreski, PsyD](#) is a high energy, creative clinical psychologist who utilizes an eclectic approach to meet the specific needs of his neurodiverse clients. He specializes in working with children and adolescents, as well as their families, in providing therapy and conducting psychological evaluations. He is proud to serve as a consultant to schools, a professor at the university level, and a researcher and author on his specialty, Giftedness.

[Dr. Jerome \(Jerry\) Schultz](#) is a Clinical Neuropsychologist, author and



speaker who has provided clinical services, consultation and staff development to hundreds of private and public schools in the US and abroad during his 35 year career. Dr. Schultz serves as the "in house" neuropsychological consultant to several school districts in the Boston area, and offers presentations and professional development throughout the U.S. and abroad.

Looking for your tribe?
Join Our **Free** Let's Talk 2e Community!



Join Today!

What is this **FREE** Membership Opportunity?

- Meet similarly situated parents of twice exceptional kids
- Join together at our weekly Parent Empowerment Groups
- Get answers to your education and parenting questions in our weekly Q/A email
- Own Julie's keynote webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional"

With Understanding Comes Calm - Out & About

Here's where you can find Julie Speaking...



Gifted and Talented Education

Calvert County Public Schools

Parent/Teacher [Presentation](#), December 16, 4:30 - 6:00 pm EST for Calvert County parents and teachers, "Understanding and Addressing Emotion Regulation in 2e Learners."

Events

Dec. 2: [Conversations with The G Word: Giftedness, Trauma & Mental Health](#)

Dec. 5: [Managing Emotional Intensity in Gifted Students](#)

Dec. 3-5: [TAGT giftED 2020](#)

Dec. 16: [Calvert County Gifted and Talented Parent & Teacher Event, "Understanding and Addressing Emotion Regulation in 2e Learners" with Julie Skolnick, M.A., J.D., 4:30 - 6:00 pm EST Learn more and RSVP.](#)

Jan. 25, 2021: [Let's Talk 2e Educator Conference](#)

Jan. 27-29, 2021: [ACSD Conference on Educational Leadership](#)

Feb. 1-5, 2021: [TCEA Convention & Exposition](#)

Feb. 4-5, 2021: [Arizona Association for Gifted & Talented Annual Conference](#)

Feb. 5-6, 2021: [Illinois Association for Gifted Children Virtual Summit](#)

Feb. 6-13, 2021: [CW Austin Learning Disability Conference](#)

Feb. 23-24, 2021: [Kentucky Association for Gifted Education Annual Conference](#)

Feb. 24-26, 2021: [National Association of Independent Schools Conference](#)

Feb. 26-28, 2021: [California Association for the Gifted Annual Conference](#)

Ongoing Events

Parent Empowerment Group for parents of Twice Exceptional Children, Thursdays 2:00-2:45 EST, part of the FREE #LetsTalk2e Community. [Learn more and Register.](#)

***POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!"
EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR
EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.***

Find us on your favorite social platforms!



With Understanding Comes Calm, LLC, 11913 Whistler Court, Potomac, MD 20854, United States
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