



This issue of "Gifted & Distractible" is sponsored by:



*Dianne A. Allen is a caring, compassionate communicator who uses her intuition and insights to skillfully guide you toward living your authentic life vision. Dianne presents in many venues both in-person and virtually. Visit [www.msdiannellen.com](http://www.msdiannellen.com) to receive an excerpt from one of her books and to receive her most recent email releases.*

Want to sponsor an issue of "Gifted & Distractible?" Fill out [this form](#).

*[With Understanding Comes Calm](#) serves ALL parents and teachers seeking guidance and support for their gifted and twice exceptional children and students.*



## What you'll find in this issue of Gifted & Distractible

**Julie's Blog:** "Zooming in, Zooming out; Telescoping to Alleviate Stress" talks about the importance of perspective - focusing on one detail at a time vs. the big picture - when mitigating anxiety and stress.

### **Let's Talk 2e FREE Virtual Conference for PARENTS:**

[Sign up NOW](#) for your FREE access to this incredible conference featuring 19 sessions on August 19, 20, and 21. (Educators! Your conference launches January 25, 2021 - save the date!)

**Video:** Wondering about HOMESCHOOLING? Check out Kasi Peters'

passion pitch about her Homeschooling session at Let's Talk 2e!

## Articles

- [Johns Hopkins Launches Reopening Policy Tracker for K-12 Schools](#)
- [How Schools Can Use Teletherapy to Provide Services and Therapies in IEPs](#)
- [Many Parents Are Now Teachers. Let's Also Appreciate and Care for Ourselves](#)

**BREAKING NEWS! 2eResources.com Launches!** Read all about this new one-stop-shop for parents, educators, clinicians, researchers and 2e adults

**FREE Membership** - Let's Talk 2e Community!

[Join for FREE](#) and enjoy these benefits:

- Weekly email with detailed expert answers to member questions
- Weekly Parent Empowerment Group via zoom
- Access to Julie's webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional Children"

**With Understanding Comes Calm Out and About** - check out where Julie is speaking next...

- ADHD Parents Palooza
- CAGT Facebook Live Event
- SENG Conference
- Colorado Association for Gifted and Talented Conference
- Let's Talk 2e! Virtual Conference (Just two weeks away and it's gonna be AWESOME!)
- Parenting ADHD and Autism Summit

## Events

Scroll down to see our listing of events for the gifted and 2e community.

## Julie's Blog



### **Zooming in, Zooming out; Telescoping to Alleviate Stress**

In her blog this month, Julie talks about a strategy that helps us all alleviate stress - sometimes we have to focus on one detail at a time and sometimes we need the big picture to manage the overwhelm. Particularly now, learn this strategy to help

you and the 2e kids in your life. [Read More](#)

## Let's Talk 2e! FREE Parent Conference

**Let's Talk 2e!  
PARENTS**

**Looking for Hope, Help and Happiness?**  
Let's Talk 2e! Online Conference for PARENTS has it all.

Learn from twenty-one experts all about 2e kids and:

- Transitions
- Neurodiversity
- Personality Preferences
- Potential
- Technology
- Stress relief techniques
- Underserved learners
- Developmental Pathways
- Alternative Placements
- Homeschooling
- Autism
- Resilience
- Bullying
- Spirituality
- Math anxiety
- Engagement
- Motivation
- Trauma

**FREE**  
Let's Talk 2e!  
Parent  
Conference

**AUGUST 19-21, 2020**  
Register at [LetsTalk2e.com](http://LetsTalk2e.com)

Wondering about **Homeschooling**?  
Need ideas for **keeping your kids busy** while at home?  
Listen to Kasi Peters' Passion Pitch as she describes her session at the  
Let's Talk 2e! virtual conference - [REGISTER TODAY FOR FREE!](#)



## Articles



[Johns Hopkins Launches Reopening Policy Tracker for K-12 Schools](#)

*The interactive map and resource guides compare and analyze reopening plans for schools nationwide, offering solutions for safe education during the pandemic*

[Read More.](#)

[Many Parents Are Now Teachers. Let's Also Appreciate and Care for Ourselves](#)

*In order to celebrate this time together instead of resent it, this article suggests ways parents can take care of themselves during this time to avoid burnout.*

[Read More.](#)

[How Schools Can Use Teletherapy to Provide Services and Therapies in IEPs](#)

Parents and school staff need to know that therapies and psycho-educational evaluations -- **are provided virtually.**

[Read More.](#)

## BREAKING NEWS - 2eResources.com Launch

### PARENTS! EDUCATORS! CLINICIANS! RESEARCHERS!

- Wouldn't it be great if there was a 2e resources listing in one place?
- Can you imagine searching a directory for just the gifted or 2e resource you need?
- What if the directory was organized into categories?

### **2eResources.com is all of these things!**

Check out [2eResources.com](https://www.2eresources.com) now a part of the With Understanding Comes Calm website.

Search by category: Education, Clinicians, Consultants, Enrichment and Associations

It's easily searchable and it's **ALWAYS AVAILABLE FOR FREE!**

***Have a gifted or 2e service, school or product you want highlighted in this ALWAYS-AVAILABLE global listing?***

*Create Your Listing [here](#) or if you have questions, email our 2e Resource Partner Manager, Victoria-Rose Supper at: [victoriarose@withunderstandingcomescalm.com](mailto:victoriarose@withunderstandingcomescalm.com) to set up a virtual tour!*

**THANK YOU TO OUR NEWEST RESOURCE PARTNERS!**  
*(click on their logo or business name to check out their Resource Listing!)*



## Gold Resource Partners



[Gifted Unlimited, LLC](#) is a publisher of quality, research-based information pertinent to the gifted population and to those who support them.



[GHF Learners](#) is a supportive community for gifted learners built to help you develop agency and take control of your child's education.



[With Understanding Comes Calm, LLC](#) provides guidance to parents of 2e children, training for teachers, and mentoring for 2e adults. Let's Talk 2e! community and conferences are hosted by WUCC as well as 2eResources.com.



## Silver Resource Partners

[2e Center for Professional Development](#) \* [Autumn Romano](#) \*  
[Awesome Neuroscience](#) \* [Belin-Blank Center](#) \* [Bridges Graduate School](#)  
[of Cognitive Diversity](#) \* [Dr. Roby Marcou](#) \* [FlexSchool](#) \* [Innovative](#)  
[Speech](#) \* [Joseph Olan](#) \* [Joy Lawson Davis](#) \* [Dianne A. Allen](#) \* [Rachel](#)  
[McAnallen](#) \* [SeedStarter](#) \* [Summit Center](#) \* [Square Pegs Support](#) \*  
[SENG](#) \* [The G Word](#) \* [ThinkLaw](#) \*  
[Wellness at Your Fingertips](#)



## Bronze Resource Partners

[Parenting ADHD & Autism](#)

Looking for your tribe?  
Join Our Free Let's Talk 2e Community!



Join Today!

### What is this FREE Membership Opportunity?

- Meet similarly situated parents of twice exceptional kids
- Get answers to your education and parenting questions in our weekly Q/A email
- Own Julie's keynote webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional"

With Understanding Comes Calm - Out & About  
Here's where you can find Julie Speaking...



Proud to be a speaker at the 3rd Annual  
**adhd parents' palooza**  
July 27-31, 2020



Join me for my Palooza session:  
"Communication Between Parents and Teachers"  
Register:  
<https://fn101.isrefer.com/go/parents2020/julieskolnick/>

Julie Skolnick, M.A., J.D.



The SENG conference has gone virtual! Julie's session, '**Understanding and Addressing Emotional Regulation in 2e Children**' is scheduled for Friday, August 7 at 2:45 EST. Learn more and register [here](#).

On August 18, Julie joins the Colorado Assn. for Gifted & Talented



## Conversations with CAGT

on their Facebook Live event!



Julie is thrilled to KEYNOTE at the [Colorado Association for Gifted and Talented](#) conference October 19-20, 2020. There are many opportunities to hear Julie speak as she addresses the conference, leads a breakout session, and presents at family day. More information coming!



Julie looks forward to presenting at the virtual Parenting ADHD and Autism Summit speaking about:

- Recognizing Perfectionism & the Power of

More information coming soon!

## Events

*We will update dates and locations as we hear*

**August 7-9:** SENG (Supporting the Emotional Needs of the Gifted) Annual Conference, Minneapolis, MN, [More information](#)

**August 19-21:** Let's Talk 2e! Virtual Conference for Parents [REGISTER NOW FOR FREE!](#)

**Sept. 9-1:** ECHA Conference, European Council for High Ability, Porto, Portugal

**Oct. 17,** Arizona Assn. for Gifted & Talented Parent Institute, [Learn more and Register.](#)

**Oct. 19-20,** Colorado Assn. for Gifted & Talented Conference, [Learn more and Register.](#)

**Oct. 24-26:** International Congress on Gifted Young Scientists Education, Istanbul, Turkey

**Nov. 2-5:** 2020 World Giftedness Center conference, Dubai EXPO Convention Center, UAE

**Nov. 5-8:** NAGC Annual Conference, Disney Coronado Springs Resort, Florida. [More information](#)

### Ongoing Events

Parent Empowerment Group for parents of Twice Exceptional Children, Thursdays 2:00-2:45 EST, part of the FREE #LetsTalk2e Community. [Learn more and Register.](#)

**POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!"  
EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR  
EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.**

Find us on your favorite social platforms!





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